

MENU WEEK 1: week commencing: Monday 3 October, 31 October, 21 November, 12 December

MONDAY	Sticky Chicken Drumstick Rice Sweetcorn	Homemade Sweet Potato and Lentil Korma Rice Sweetcorn	Jacket Potato with Tuna or Cheese	Ice Cream Pot Fresh Fruit Fruit Yoghurt Cheese & Crackers
TUESDAY	Salmon and Cucumber Wrap Homemade Wedges Beans	Cheese and Tomato Pizza Wedges Beans	Jacket Potato with Tuna or Cheese or Beans	Short Bread Biscuit Fresh Fruit Fruit Yoghurt
WEDNESDAY	Roast Beef Roast Potatoes Yorkshire Pudding Mixed Vegetables Gravy	Roast Vegetable Tart Roast Potatoes Yorkshire Pudding Mixed Vegetables Vegetarian Gravy	Jacket Potato with Tuna or Cheese	Fruit Cocktail & Jelly Fresh Fruit Fruit Yoghurt
THURSDAY	Beef Meat Balls with Pasta Twists Carrots Peas	Cheese and Tomato Bake Carrots Peas	Jacket Potato with Tuna or Cheese	Chocolate Cake & Chocolate Custard Fresh Fruit Fruit Yoghurt
FRIDAY	Omega 3 Fish Fingers Oven Baked Chips Sweetcorn Mixed Salad	Baked Vegetable Chilli Wrap Wedges Sweetcorn Mixed Salad	Jacket Potato with Tuna or Cheese	Ginger Bread Man with a glass of milk Fresh Fruit Fruit Yoghurt

MENU WEEK 2: week commencing: Monday 10 October, 7 November, 28 November

MONDAY	Beef Burger in a Bun Coleslaw Sweetcorn	Veggie Burger in a Bun Coleslaw Sweetcorn	Jacket Potato with Tuna or Cheese	Banana and Custard Fresh Fruit Fruit Yoghurt Cheese and Crackers
TUESDAY	Homemade Chicken Curry Rice Carrots	Warm Cheesey Bean Wrap Rice Carrots	Jacket Potato with Tuna or Cheese	Iced Sponge Fresh Fruit Fruit Yoghurt
WEDNESDAY	Roast Turkey Roast Potatoes Carrots, Cabbage and Cauliflower	Vegetable Patties Roast Potatoes Carrots, Cabbage and Cauliflower	Jacket Potato with Tuna or Cheese	Cookie of the Day Fresh Fruit Fruit Yoghurt
THURSDAY	Pepperoni Pizza Homemade Garlic Bread Beans	Sweet Tomato Pasta Homemade Garlic Bread Beans	Jacket Potato with Tuna or Cheese or Beans	Cheesecake Fresh Fruit Fruit Yoghurt
FRIDAY	Baked Battered Fish New Potatoes Peas and Sweetcorn	Crustless Quiche New Potatoes Peas and Sweetcorn	Jacket Potato with Tuna or Cheese	Cherry or Plain Sponge with Custard Fresh Fruit Fruit Yoghurt

MENU WEEK 3: week commencing: Monday 17 October, 14 November, 5 December

MONDAY	Pork Sausage Mash Peas Broccoli	Veggie Sausage Mash Peas Broccoli	Jacket Potato with Tuna or Cheese	Ice Cream Pot Fresh Fruit Fruit Yoghurt Cheese and Crackers
TUESDAY	Homemade Lamb Mince & Vegetable Pasty Mash Peas and Carrots	Macaroni Cheese Peas and Carrots	Jacket Potato with Tuna or Cheese	Chocolate Brownie Fresh Fruit Fruit Yoghurt
WEDNESDAY	Roast Chicken Thigh Roast Potatoes Mixed Vegetables Gravy	Cheese and Potato Puff Roast Potatoes Mixed Vegetables Gravy	Jacket Potato with Tuna or Cheese	Oatie Cookie or Homemade Fruit Crumble Fresh Fruit Fruit Yoghurt
THURSDAY	Beef Stew and Dumplings Sweetcorn Carrots	Veggie Bolognese Sweetcorn Carrots	Jacket Potato with Tuna or Cheese	Muffin of the Day Fresh Fruit Fruit Yoghurt
FRIDAY	Breaded Fish Homemade Wedges Beans Peas	Cheese and Tomato Pizza Homemade Wedges Beans Peas	Jacket Potato with Tuna or Cheese or Beans	Chocolate Cookie Fresh Fruit Fruit Yoghurt

W/C 03.10.11

HOMEMADE BREAD AND SALAD SELECTION AVAILABLE EVERY DAY