

Child's Name: _____

Class: _____

MENU WEEK 1: week commencing 20 February 2017

	Dinner	✓	Vegetarian	✓	Jacket Potato	✓	Dessert	PL
MONDAY	Pork & Apple Burger in a Bun served with Tomato Salsa Warm Potato Salad, Winter Slaw, Salad Bar		Quorn Burger in a Bun served with Tomato Salsa Warm Potato Salad, Winter Slaw, Salad Bar		Tuna and Sweetcorn or Beans		Homemade Chocolate Brownie served with a wedge of fresh orange or Muller Corner Yoghurt or Fresh Fruit	
TUESDAY	Pasta Bolognese Homemade Best of Both Bread Salad Bar		Tomato and Basil Pasta Bake, Homemade Best or Both Bread, Salad Bar		Tuna or Cheese		Homemade Gingerbread Cookie or Muller Corner Yoghurt or Fresh Fruit	
WEDNESDAY	Roast Chicken served with Yorkshire Pudding & Gravy Roast Potatoes, Fresh Carrots, Whole Green Beans		Veggie Sausage Roast Potatoes, Fresh Carrots, Whole Green Beans		Beans, Tuna or Cheese		Cheese and Crackers or Muller Corner Yoghurt or Fresh Fruit	
THURSDAY	Homemade Pepperoni Pizza Tomato and Garlic Wholegrain and Plain Penne Pasta, Salad Bar		Homemade Cheese and Tomato Pizza, Tomato and Garlic Wholegrain and Plain Penne Pasta, Salad Bar		Beans or Cheesy Coleslaw		Caribbean Muffin or Muller Corner Yoghurt or Fresh Fruit	
FRIDAY	Harry Ramsdens Battered Fish Fillet served with Tomato Sauce Chips, Garden Peas, Baked Beans, Salad Bar		Vegetable Quiche Chips, Garden Peas, Baked Beans, Salad Bar		Tuna or Beans		Ice Cream Pot or Muller Corner Yoghurt or Fresh Fruit	

MENU WEEK 2: week commencing 27 February 2017

	Dinner	✓	Vegetarian	✓	Jacket Potato	✓	Dessert	PL
MONDAY	Cottage Pie with Green Beans and Sweetcorn		Quorn Bolognese with Pasta Twists		Tuna & Sweetcorn, Beans, Cheese or Vegetarian Bolognese		Chocolate Orange Zest Pudding & Custard or Muffin or Muller Corner Yoghurt or Fresh Fruit	
TUESDAY	Homemade Meatballs in a Rich Tomato Sauce with Pasta Spirals Salad Bar		Quorn Meatballs in a Rich Tomato Sauce with Pasta Spirals, Salad Bar		Cheese or Beans		School's Favourite Cookie or Muller Corner Yoghurt or Fresh Fruit	
WEDNESDAY	Roast Turkey served with Yorkshire Pudding & Gravy Roast Potatoes, Cauliflower Florets, Fresh Carrots		Sage and Onion Topped Quorn Fillet, Roast Potatoes, Fresh Carrots, Shredded Savoy Cabbage		Tuna or Cheese		Iced Fruit Smoothie or Muller Corner Yoghurt or Fresh Fruit	
THURSDAY	Homemade Puff Pastry topped Roast Chicken Pie served with Gravy Creamy Mashed Potato, Fresh Carrots, Broccoli Florets, Salad Bar		Cheese and Onion Pie, Creamy Mashed Potato, Fresh Carrots, Broccoli Florets, Salad Bar		Cheese or Beans		Cheese and Crackers or Muller Corner Yoghurt or Fresh Fruit	
FRIDAY	Young's Oven Baked Omega 3 Fish Fingers, Chips, Baked Beans, Garden Peas, Salad Bar		Cheese & Tomato Frittata, Chips, Baked Beans, Garden Peas, Salad Bar		Beans or Tuna		Fruity Yoghurt Muffins or Muller Corner Yoghurts or Fresh Fruit	

MENU WEEK 3: week commencing 6 March 2017

	Dinner Pasta Day	✓	Jacket Potato	✓	Dessert	PL
MONDAY	A combination of plain and wholegrain pasta with a choice of either Tomato & Basil or Three Cheese Sauce Homemade Olive Bread, Salad Bar		Cheese or Tuna		Muffins or Muller Corner Yoghurt or Fresh Fruit	
TUESDAY	Sausage served with a Rich Onion Gravy with Mashed Potato or New Potatoes, Peas & Sweetcorn		Vegetarian Sausage with a Rich Onion Vegetarian Gravy with Mashed Potato or New Potatoes, Peas & Sweetcorn		Beans or Tuna	Homemade Vanilla Shortbread served with Fruit or Muller Corner Yoghurt or Fresh Fruit
WEDNESDAY	Roast Beef served with Yorkshire Pudding & Gravy, Roast Potatoes, Fresh Carrots, Shredded Savoy Cabbage		Roasted Quorn Fillet served with Yorkshire Pudding and Vegetarian Gravy, Roast Potatoes,		Tuna or Cheese	Cheese and Crackers or Muller Corner Yoghurt or Fresh Fruit
THURSDAY	Mild Chicken Korma with Wholegrain and White Rice, Naan or Garlic Bread, Salad Bar		Homemade Macaroni Cheese, Naan or Garlic Bread, Salad Bar		Tuna or Beans	Homemade Chocolate Sponge served with Hot Chocolate Sauce or Muller Corner Yoghurt or Fresh Fruit
FRIDAY	Oven Baked Birds Eye Omega 3 Chunky Fish Finger with ketchup or mayonnaise, Chips, Garden Peas, Baked Beans, Salad Bar		Vegetable Nuggets, Chips, Garden Peas, Baked Beans, Salad Bar		Cheese or Beans	Ice Cream Pot or Muller Corner Yoghurt or Fresh Fruit

My child will be having school dinner every day OR packed lunch every day